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ocus app. In the app, select tch. Go to 'Settings', tap on vare version. vse 'Device Version' to know		 DISPOSAL AND RECYCLING INFORMATION Electrical and electronic devices may not be disposed off with domestic waste. Consumers are obliged by law to return the electrical and electronic devices at the end of their service lives to the public collecting points set up for this purpose or point of sale. Details to this are defined by the national law of the respective country. By recycling, reusing the materials or other forms of utilising old devices, you are making an important contribution to protecting our environment. REGULATORY INFORMATION USA: Federal Communications Commission (FCC) Statement This device complies with Part 15 of the FCC rules. Operation is subject to the following two conditions: This device any cause harmful interference, and this device must accept any interference received, including interference that may cause undesired operation. Warning: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance will not occur in a particular installation. 	The NoiseFit Diva Watch is not a toy. The watch contains small components that could be a choking hazard and are not intended for use by small children or pets. Unless otherwise specified, devices and services are not a medical device and are not intended to diagnose, treat, cure or prevent any disease. We develop products and services to track daily activity and wellness information as accurately as possible. The accuracy of devices is not intended to be equivalent to medial devices or scientific measurement devices. In some cases, prolonged use of products may cause skin irritation. Prolonged contact may contribute to skin irritation or allergies in some users. To reduce the possibility of irritation, keep the watch and watch band clean and dry. Don't wear it too tight and give your wrist a rest by removing the watch after an extended period of wear. If you feel soreness, tingling, numbness, burning or stiffness in your hands or wrists while or after wearing the watch, please immediately discontinue use.	Do not expose NoiseFit Diva to extremely lexcessive temperature during charging coudeformation of the battery or even explosion. Charge the battery in a cool, ventilated row. Do not open, crush, bend, deform, punctubatteries. In the event of a battery break or contact with skin or eyes. If this happens, in water (DO NOT RUB THE EYE) or seek media.
				SAFETY INSTRUCTIONS Do not disassemble the battery on your ow
Fit Focus app. Activity data es, heart rate, sleep duration th to the app daily.				Keep it away direct sunlight, high tempera may damage the band over time.
ata for up to 7 days in	You can log in your weight the first time you set up your NoiseFit Focus app. However, you can update the weight later via the NoiseFit Focus app. Go to 'Me', and tap on the section with your name on it to update your weight. You can update your nickname, birthday, sex and height as well.			 The device is not suitable for diving, swim suitable for swimming pool, shower (cold w
				 For stains that are difficult to remove, it is alcohol.
			Consult the dealer or an experienced radio/TV technician for help.	instead.
	How do I log my weight?		 If this 76 equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: Reorient or relocate the receiving antenna. Increase the separation between the equipment and receiver. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected. 	• Do not use household cleaners to clean th
	You can do it through the NoiseFit Focus app. In the app, select 'Me' and go to 'Exercise Goals' to change your goals.			irritation. Do not wear the device too tight but mak lightly in contact with your skin and there i between the wrist strap and your wrist.
	How do I change my activity goals?			
	NoiseFit Diva estimates how many calories you've burned based on the physical activity data and your heart rate.			 Keep the device dry and clean regularly ar as moisture and dirt can build up undernea
	How does the watch estimate how many calories have been burned?			MAINTENANCE INSTRUCTIONS

This feature allows you to view your stored

Use this feature to activate voice assistance

Jack X Walking

WORKOUT RECORDS

The 'Workout record' feature allows you to keep track of all your workouts done in the past.

HEART RATE

NoiseFit Diva supports 24/7 heart rate tracking. Tap on 'Heart rate' to start measuring. Ensure that there is no gap between the back panel of the watch and the wrist. Hold still while it measures vour heart rate.

SLEEP

Tap on 'Sleep' to view your previous sleep records. You can view your most recent sleep records and sleep quality in various sleep stages on the NoiseFit Focus app.

BLOOD OXYGEN

NoiseFit Diva supports viewing the highest and lowest values of blood oxygen levels throughout the day. Ensure that there is no gap between the back panel of the watch and the wrist. Tap on 'Blood oxygen' to track. Hold still while it measures your blood oxygen level.



MESSAGES

Tap on 'Messages' to view the received messages on the watch.

WEATHER

Tap on the Weather app on your watch to see the weather of our current location.

PERIOD TRACKER

/ou can use this feature to keep track of your menstrual cycles and plan ahead. Feed in the information to start tracking.

MUSIC

You can control songs and podcasts that play from your phone. right from your wrist as long as the watch is connected to the NoiseFit Focus app on your phone.

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STOPWATCH

Tap on 'Stopwatch' to use the feature. You can also record lap imes on the stopwatch.

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STOPWATCH ap on 'Stopwatch' to use the feature. You can also record lap times on the stopwatch.

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• Do not short-circuit. Short-circuiting may damage the battery. Short-ci can occur when a metallic object, such as a coin, causes the direct connection of egularly and especially after prolonged use positive and negative terminals of the battery. underneath the band and can cause skin Keep the batteries out of children's reach and in a safe place to prevent danger. but make sure that the bottom sensor is Do not place the batteries in the water. nd there is a gap of about one finger's width • Do not use your product in a sauna or steam room. • Do not dispose off batteries in the fire as that may cause an explosion. Dispose to clean the device. Use soap-free cleaners off used batteries in accordance with your local regulations. Do not dispose it as household waste. move, it is recommended to scrub with • Use only the charging cable supplied to charge the battery. Do not charge for more than 24 hours. iving, swimming in the sea or sauna; it is wer (cold water) and swimming in shallows. • Do not attempt to repair or maintain the watch yourself, service and NOISE naintenance should be performed by authorised technicians only. Any device h temperatures or humid conditions as it failure should be referred to our after-sales service personnel. To prevent device damage, accessory damage and device failure, always protect
the device against strong impact or shock. on your own. extremely high or low temperatures. The CUSTOMER SUPPORT harging could cause heat, smoke, fire or en explosion. If you experience any problem with the watch, it may be fixed by restarting your watch. For any assistance, please reach out to us at support.gonoise.in ntilated room. rm, puncture or shred secondary cells or ry break or leak, prevent battery liquid happens, immediately flush the areas with seek medical help. 16 User Manual for NoiseFit Diva 17