

<h1>NoiseFit Endeavour</h1> <p>Please refer to this manual before using the product</p>	<h2>TABLE OF CONTENT</h2> <ul style="list-style-type: none">• What's in the Box• Watch Overview• Charge the Watch• Turn the Watch on and off• Watch Navigation• Button• Home Screen Navigation• Setup & Pair the Watch• BT Call Connectivity & Removal• Watch Features• General Device Information and Tips• Safety& Handling instructions• Medical Devide Interference• Disposal Information• Customer Support	<h2>WATCH OVERVIEW</h2> <p>01</p> <ul style="list-style-type: none">• Noise Health• Noise Buzz• Clock• Rapid Health• Workouts• Sports Record• Reminders• Music• Weather• Watch Faces• Flashlight• Calculator• Settings	<h2>PACKAGE CONTAINS</h2> <p>NoiseFit Endeavour Smartwatch x 1</p> <p>Charging Cable x 1</p>	<h2>CHARGING NOISEFIT ENDEAVOUR SMARTWATCH</h2> <p>Before using your NoiseFit Endeavour for the first time, charge the battery to its full capacity. Use the charging cable provided with the watch to charge. On a single charge, NoiseFit Endeavour can last up to 7 days.</p> <p>Note: The battery life and time to fully charge your device may vary as per usage and other factors.</p> <h3>CHARGE NOISEFIT ENDEAVOUR</h3> <ul style="list-style-type: none">• Plug the USB cable into a power adaptor and the adaptor into an electrical socket. (Power adaptor not included).• Place the magnetic charger on the magnetic charging points of the watch.• While your watch is charging, the screen will show its progress.• Once the battery is fully charged, remove the charger.	<h2>POWER ON</h2> <p>Press and hold the upper side button for a few seconds to turn on the watch.</p> <h3>POWER OFF</h3> <ul style="list-style-type: none">• Press and hold the upper side button for a few seconds.• Select 'Power Off' and confirm to power off. <h3>WAKING UP THE WATCH</h3> <p>To preserve battery, the watch screen turns off when not in use. Turn the screen back on by:</p> <ul style="list-style-type: none">• Pressing side buttons.• Turning on the wrist sense.	<h2>WATCH NAVIGATION</h2> <p>The NoiseFit Endeavour smartwatch has an AMOLED touch screen. Navigate the watch by tapping on the screen, swiping side to side, up and down and pressing the side button.</p> <h3>BUTTON NAVIGATION</h3> <ul style="list-style-type: none">• Press the upper side button to turn on the display and to go to the main menu.• Turn the upper side button to change watch faces.• Press the upper side button 5 times to activate SOS.• Press the lower side button to access sports modes shortcut. <h3>HOME SCREEN NAVIGATION</h3> <p>The home screen is the watch face. From the home screen:</p> <ul style="list-style-type: none">• Swipe right to access widgets.• Swipe left to access heart rate.• Swipe up to access quick settings.• Swipe down to check your message notifications.	<h2>APP SET-UP</h2> <p>Before pairing, make sure that your smartphone and smartwatch are next to each other. The app will ask for personal information such as height, weight and sex to calculate your stride length, distance covered and calorie burn rate.</p> <ul style="list-style-type: none">• Turn on BT and the location on your mobile device.• On your smartphone, download the NoiseFit app from the Play store or the App store and install it.• Create an account or log in using an existing account. <p>Note: Ensure that your smartphone is running on Android 9.0 & + or iOS 11.0 & + and is connected to mobile data or a Wi-Fi network.</p> <h3>PAIRING THE WATCH</h3> <ul style="list-style-type: none">• Open the NoiseFit app and allow the BT and GPS positioning to be turned on.• Feed in your personal information and health goals in the app.• Go to the 'Device' page in the app. Tap on 'select device' Select the watch name and MAC address to link the watch. <p>Or you can follow the steps below:</p> <ul style="list-style-type: none">• Turn on the watch.• Scan the QR code on your watch using the NoiseFit app on your phone.• Select 'Pair with device' and wait for it to pair.• Select 'Add Device'. Choose your device from the range of devices. On iOS: Choose BT pairing when you receive a pairing prompt. On Android: Connect it directly.	<h2>BT CALL CONNECTIVITY</h2> <p>To establish BT calling connectivity, follow these steps.</p> <h3>For automatic connection</h3> <p>After pairing the watch with the NoiseFit app, the watch's calling BT would be activated. Now connect it with your phone's BT to use the calling feature conveniently.</p> <h3>Manual connection</h3> <p>In case the BT calling connectivity has not been established earlier, you'll have to do the steps manually. Go to Settings. Search for device and pair your smartphone to attend calls from the watch.</p> <h3>BT CALL CONNECTIVITY REMOVAL</h3> <p>In Android devices, to remove the BT connection, you can unpair the watch from the phone's BT settings. Go to the phone's BT settings and disconnect Endeavour calling - xxxx (xxxx last 4 digits of watch's mac address).</p> <p>In iOS devices, to remove the BT connection, you can unpair the watch from the phone's BT settings. Go to the phone's BT settings and disconnect NoiseFit Endeavour and Endeavour calling - xxxx (xxxx last 4 digits of watch's mac address).</p>	<h2>NOISE HEALTH</h2> <p>Noise Health Suite has a collection of wellness features that take a holistic route.</p> <h3>Activity</h3> <p>You can check your daily activity progress in terms of the calories burned, distance covered, active time and steps taken.</p> <h3>Heart Rate</h3> <p>NoiseFit Endeavour supports 24/7 heart rate tracking. You can select the measurement frequency in the app settings. To measure your heart rate in real-time, go to the 'Heart Rate' monitor and tap on 'Tap to Measure'. You can view the all-day data on the watch and app.</p> <p>Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.</p> <h3>Blood Oxygen</h3> <p>NoiseFit Endeavour supports the viewing of the highest and lowest Blood Oxygen levels of the day. To measure your blood Oxygen level in real-time, go to the 'SpO2' monitor and let it measure.</p> <p>Note: If the watch is connected to your smartphone via BT, all calls will be directed to your phone. During a call, tap the switch icon on your watch to switch to your phone and take the call there.</p>	<h2>Sleep</h2> <p>You can view your most recent sleep record and sleep quality in various sleep stages, in the NoiseFit app. The feature will measure the device records of the user's sleep cycle, sleep states (light and deep sleep), wake time and REM.</p> <h3>Breathe</h3> <p>This feature helps you adjust your breathing rhythm as per your convenience. You can choose from 3 speeds (fast, moderate and slow) to adjust your breathing duration. Go to the 'Breathe' feature, choose the time duration and speed and tap on start to enter the cycles of breathing and inhalation.</p> <h3>Stress</h3> <p>NoiseFit Endeavour supports 24-hour stress level measurement and viewing of all-day measurement data. To measure the stress level in real-time, go to the 'Stress' feature and wait for it to measure.</p> <p>Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.</p> <h2>NOISE BUZZ</h2> <p>You can use this feature to manage calls from the watch. Make sure your watch is connected to your smartphone via BT. Go to Noise Buzz to access recent logs, make calls using the dial pad and access contacts.</p> <p>Note: If the watch is connected to your smartphone via BT, all calls will be directed to your phone. During a call, tap the switch icon on your watch to switch to your phone and take the call there.</p>
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<h2>CLOCK</h2> <h3>Alarm</h3> <p>You can set alarms in the NoiseFit app and they will sync with the watch. You can add, delete, and enable/disable alarms. You can also label alarms to identify them.</p> <h3>Timer</h3> <p>You can set a timer with a pre-set duration on the watch and the timer will remind you when the time is up.</p> <h3>Stopwatch</h3> <p>A stopwatch can be set on the watch. You can also set lap times on the stopwatch.</p> <h3>World clock</h3> <p>You can use this feature to see the time of 5 cities on your watch. Go to the NoiseFit app, add cities of which you want to see the time of.</p> <h3>Pomodoro</h3> <p>Utilise the 'Pomodoro Technique' to enhance your productivity. Set your desired 'Focus Time' and start focusing. Press on I button to pause, P button to play and X button to stop.</p> <p>Note: Your watch will go on DND mode while using this feature.</p>	<h2>RAPID HEALTH</h2> <p>Use this feature to measure a wide range of healthy indicators with just one touch.</p> <h3>WORKOUTS</h3> <p>You can choose from 100 workout modes. You can take your pick and add more workouts from the app. This feature also lets you control music while working out. You can also view the exercise records in the app.</p> <h3>SPORT RECORD</h3> <p>You can check the progress report of your workouts in this feature.</p> <h3>REMINDERS</h3> <p>You can add or edit reminders on the app.</p> <h3>MUSIC</h3> <p>You can control your favourite songs and podcasts that play from your phone, right on your wrist as long as the watch is connected to the NoiseFit app on your phone. You can play/pause music, go to the next/previous track and increase/decrease the volume.</p> <h3>WEATHER</h3> <p>NoiseFit Endeavour supports 5-day weather viewing in a location of your choice as long as it is synced with the NoiseFit app. You can view today's current weather and for the next 4 days as well. Open the Weather app on your watch and change the location to see the weather of your current location.</p>	<h2>WATCH FACES</h2> <p>You can switch between different watch faces in the watch, choose all or download personalised watch faces. You can also create your own watch faces in the NoiseFit app.</p> <h3>Changing the watch face</h3> <p>Give your screen a personalised style by changing or customising the watch face from the NoiseFit app or the watch.</p> <h3>On the watch</h3> <p>Touch and hold the home screen. Swipe and choose from the watch faces.</p> <h3>In the app</h3> <p>Go to watch faces, select the watch face of your choice and tap 'save' to change the watch face.</p> <h3>FLASHLIGHT</h3> <p>You can use this feature to turn on the screen brightness and see your surroundings better. Go to the Flashlight. Tap to turn on.</p> <h3>CALCULATOR</h3> <p>You can use this feature to do basic calculations through your smartwatch.</p>	<h2>SETTINGS</h2> <h3>Brightness</h3> <p>You can set the watch's brightness.</p> <h3>Tap To Wake Up</h3> <p>You can use this to enable or disable the 'Tap To Wake Feature'.</p> <h3>Ringtone Vibration</h3> <p>You can set the vibration level to get an alert of any notification. You can also choose to put the watch on silent mode.</p> <h3>Wrist Awake</h3> <p>Turn on the wrist awake and set the 'Auto Screen Off' duration as per your preference.</p> <h3>Bright Screen Time</h3> <p>Use the 'Bright Screen Time' feature to adjust the duration for which the screen remains on.</p> <h3>DND</h3> <p>You can set the DND duration on the watch. Feed in the start and end time and set.</p> <h3>Menu View</h3> <p>You can choose between a grid and a list view for the watch menu.</p> <h3>Auto Sports Detection</h3> <p>You can turn on or off the Auto Sports Detection.</p>	<h2>Device Info</h2> <p>You will find all the information related to the device here, including the device name, Bluetooth name and version.</p> <h3>ADD</h3> <p>You can choose to turn on or off the 'Always On Display' feature, choose your preferred 'Off-Screen Dial' and set the activation time.</p> <h3>QR Code</h3> <p>Scan the QR code to connect with the app.</p> <h3>Reboot</h3> <p>You can choose to reboot to restart the watch.</p> <h3>Power Off</h3> <p>You can choose to power off to turn off the watch.</p> <h3>Reset</h3> <p>You can choose to reset. Do note if you choose to reset, all your data and settings will be erased.</p>	<h2>QUICK SETTINGS</h2> <p>You can swipe up from the watch's home screen to access 'Quick Settings'.</p> <h3>SILENT MODE</h3> <h3>BRIGHTNESS</h3> <h3>DND</h3> <h3>ALWAYS ON DISPLAY</h3> <h3>POWER SAVING MODE</h3> <h3>FIND PHONE</h3> <h3>FLASHLIGHT</h3> <h3>SETTINGS</h3> <h3>LOCK</h3>	<h2>DEVICE INFORMATION AND TIPS</h2> <h3>DEVICE INFORMATION</h3> <p>The NoiseFit Endeavour smartwatch contains the following:</p> <ul style="list-style-type: none">• 1.46" AMOLED Display• Blood Oxygen measurement• Stress monitor• IP68 waterproof• 100 sports modes <h3>TIPS</h3> <p>How do I update my NoiseFit Endeavour?</p> <p>Go to Settings on the NoiseFit app. Select 'Device Information', choose 'Check for updates' and update if any update is available.</p> <p>How do I find my watch's current firmware version?</p> <p>You can find the watch's current firmware version on the watch. Go to Settings on the NoiseFit app. Select 'Device Information', choose 'Check for updates' and update if any update is available.</p> <p>How do I save battery?</p> <p>Follow these simple steps to save NoiseFit Endeavour's battery.</p> <ul style="list-style-type: none">• Minimise the screen brightness• Limit the notifications you receive from the NoiseFit app.	<h3>How does the watch estimate how many calories have been burned?</h3> <p>NoiseFit Endeavour estimates how many calories you've burned based on the physical data you entered when you set up your account.</p> <h3>How do I change my activity goals?</h3> <p>You can do it through the NoiseFit app. Click on your image on the left top corner of the home page, select 'My goals' and Click on 'Edit'. Change your goals and confirm.</p> <h3>How do I log my weight?</h3> <p>You can log in your weight the first time you set up your NoiseFit app. However, you can update the weight later via the NoiseFit app. Click on your image on the left top corner of the home page, go to 'My Profile', click on edit to change or update your weight. You can update your birthday, height, gender, interests and email ID as well.</p> <h3>SAFETY AND HANDLING INSTRUCTIONS:</h3> <ul style="list-style-type: none">• The device includes an in-built rechargeable battery. The battery life may degrade near the end-of-life of the battery. Do not attempt to change the battery yourself in any event as you may end up damaging the device and/or the batteries posing a safety hazard on subsequent usage.• Please do not tamper with the battery terminals as it may result in battery leakage, overheating, explosion or a fire hazard.• Please do not pierce or disassemble the device as it may damage the battery causing the battery liquid to leak causing irritation to your skin if exposed to the liquid.• Damaged battery may also be prone to overheating or causing a fire hazard.• Do not place the device near fire or expose it to excessive heating as it may cause the battery to explode posing a safety hazard.	<ul style="list-style-type: none">• Only use Noise approved chargers and cables that are specifically designed for use with the device. Unapproved chargers and cables may damage the device and also pose a safety hazard for the user.• If the device emits a foul smell or burning odour, please stop using the device immediately and contact the Noise approved service centres.• The device can be used in ambient temperature ranges of -20°C to 55°C. Using the device outside of the prescribed temperature range may damage the device. Do not use the device in a sauna or steam room.• Do not use household cleaners to clean the device. Use soap-free cleaners instead.• The device is dust and water resistant (rated at IP68). Following tips are to be followed for a safe upkeep of the device:<ul style="list-style-type: none">• Please make sure that the device is not exposed to sea water or used in deep waters.• Do not expose the device to high pressure water flow.• Wipe the device clean of water with soft and clean cloth if exposed to water.• Leave the device to dry up naturally.• Do not open the device if it stops functioning upon exposure to water and despite following the above steps. Visit an authorized service centre for getting the device checked.• Please do not tamper with the battery terminals as it may result in battery leakage, overheating, explosion or a fire hazard.• Please do not pierce or disassemble the device as it may damage the battery causing the battery liquid to leak causing irritation to your skin if exposed to the liquid.• Damaged battery may also be prone to overheating or causing a fire hazard.• Do not place the device near fire or expose it to excessive heating as it may cause the battery to explode posing a safety hazard.	<h3>MEDICAL DEVICE INTERFERENCE:</h3> <p>The device includes components that may cause interference when worn with medical devices like pacemakers, and other magnetic-sensitive devices. In case you intend to use a medical device, please consult your physician before using the device. Also, in case the device is allowed to be worn with the medical devices by your physician, ensure sufficient separation between the device and the medical device during all times.</p> <h3>MEDICAL USE ADVISORY:</h3> <p>Unless otherwise specified, the device and any associated app-based or Noise provided services are not suitable to be used as medical devices. In particular, the device and associated app-based or Noise provided services are not intended to diagnose, treat, cure or prevent any disease/health condition. We develop products and services to track daily activity and wellness information as accurately as possible. The accuracy of devices is not intended to be equivalent to medical devices or scientific measurement devices.</p> <h3>HEARING LOSS:</h3> <p>Prolonged exposure to high volumes may result in permanent damage to hearing capability. While using the device, ensure that the sound levels are maintained at optimum level.</p> <h3>CHOKING HAZARD:</h3> <p>The device is not a toy and it contains small components that could cause a choking hazard. Accordingly, the device is not intended for use by or left unattended around small children or pets.</p> <h3>SKIN IRRITATION HAZARD:</h3> <p>In some cases, prolonged use of or exposure to the device may cause skin irritation or allergies in some users. To reduce the possibility of irritation, keep the device clean and dry. If you feel soreness, tingling, numbness, burning or stiffness on any part of your skin while or after using the watch, please immediately discontinue use.</p>	<h3>DISPOSAL INFORMATION:</h3> <p>At Noise, we are committed towards protecting the environment and prevent any damage to the same by way of irresponsible disposal of e-waste generated from electronic devices. In our endeavour to collaboratively protect the environment, we urge our customers to help Noise to reduce the impact of e-waste on the environment. The following symbol is indicative that the device and/or any of the associated accessories (like USB cable, charger and the like) thereof should not be disposed with household/domestic waste. In accordance with the regulation of the Ministry of Environment, Forest and Climate Change, Noise has been granted Extended Producer Responsibility Authorisation (EPR Authorisation number: B/29016 (1910)/(EPR)/20/W/M-II Division dated 04.03.2021) by the Central Pollution Control Board. Accordingly, Noise is committed to contribute its bit towards protecting the environment by providing customers with the option of depositing their Noise devices, which have reached their end-of-life, at authorised e-waste collection centres. The details of our e-waste collection centres and our e-waste policy is available at the link: https://www.gonoise.com/pages/e-waste-management. By recycling, reusing material or other forms of utilising old devices, you are making an important contribution to protecting our environment. Together we could make a difference!</p> <h3>CUSTOMER SUPPORT</h3> <p>If you experience any problem with the watch, it may be fixed by restarting your watch. For any assistance, please reach out to us at link.support@gonoise.com</p>
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