

**ColorFit Pulse 2 Max**

Please refer to this manual before using the product.

**What's in the box:**

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- Charging cable x1
- Quick start guide
- Wristband x1
- USB cable x1
- Watch face x1
- USB cable x1
- Quick start guide

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**Get Started**

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**Charging the ColorFit Pulse 2 Max Smart Watch**

Before using your ColorFit Pulse 2 Max for the first time, charge the battery to its full capacity. Use the charging cable provided with the watch to charge. On a full charge, ColorFit Pulse 2 Max can last up to 10 days. Note: The battery life and time to fully charge your device may vary as per usage and other factors.

**To charge ColorFit Pulse 2 Max**

1. Plug the USB cable into a power adaptor. Plug the power adaptor into an electrical socket (Power adaptor not included). 2. Place the magnetic charger on the magnetic charging points of the watch. 3. While your watch is charging, the screen will show its progress. 4. Once the battery is fully charged, remove the charger.

**Power On**

Press and hold the side button for a few seconds to turn on the watch.

**Watch Navigation**

The ColorFit Pulse 2 Max smartwatch has a TFT colour touch screen. Navigate the watch by tapping on the screen, swiping side to side, up and down and pressing the crown.

**Setup**

Before pairing, make sure that your smartphone and smartwatch are next to each other. The app will ask for personal information such as name, weight and sex to calculate your stride length, distance covered, calorie burn rate. Turn on Bluetooth and the location on your mobile device.

**Home Screen Navigation**

The home screen is the watch face. From the home screen:

- Swipe left or right to access widgets and shortcut.
- Swipe up to go to quick settings menu.

**Waking Up the Watch**

To preserve battery, the watch screen turns off when not in use. To turn the screen back on, you can wake up the watch by:

- Pressing the side button
- Turning on the wrist sense

**On the Watch**

Touch and hold the home screen. Swipe and choose from the watch faces.

**In the App**

Go to watch faces, select the watch face of your choice and tap save to change the watch face.

**Button Navigation**

Press the crown to turn on the watch.

**Watch Features**

You can switch between different watch faces in the watch, choose and download cloud-based, animated watch faces or create your own watch faces in the NoiseFit app.

**Settings**

- Brightness: You can set the watch brightness.
- Ringer vibration: You can set the vibration level to get an alert of any notification. You can also choose to put the watch on silent mode.
- Wrist awake: Turn on the wrist awake and set the auto screen off as per your preference.
- Bright screen time out: You can set the bright screen time out as per your preference.
- DND: You can set the DND duration on the watch. Feed-in the start and end time and set.
- Menu view: You can set the Main menu as per your preference.
- About calls: Follow the onscreen instructions to set or remove the Bluetooth call connectivity.
- Device information: You will find all the information related to the device here, including device name, Bluetooth name and version.

**noise**

**QR code**  
Scan the QR code to connect with the app.

**Noise Health**

- QR code
- Scan the QR code to connect with the app.
- Reboot
- Power Off
- Reset

**Sleep**

You can view your most recent sleep record and sleep quality in various sleep stages in the NoiseFit app. The feature will measure the device records of the user's sleep cycle, sleep stages (light and deep sleep), wake time and REM.

**Activity**

You can check your daily activity progress in terms of the calories burned, steps taken, distance covered and active time.

**Heart Rate**

ColorFit Pulse 2 Max supports 24/7 heart rate tracking. You can select the measurement frequency in the app settings. To measure your heart rate in real-time, go to the heart rate monitor and tap on 'Tap to Measure'. You can also see the change in the beats per minute.

**Breath**

The Breath feature helps you adjust your breathing rhythm as per your convenience. You can choose from 3 speeds (fast, moderate and slow) to adjust your breathing duration. After the session, you can also see the change in the beats per minute.

**Stress**

ColorFit Pulse 2 Max supports 24-hour stress level measurement and viewing of all-day measurement data. To view the stress levels real-time, go to the Stress feature and wait for it to measure. Note: Make sure your arms and wrists are still and there is no space between your watch and the wrist.

**Blind Oxygen**

ColorFit Pulse 2 Max supports the viewing of highest and lowest blood oxygen level of the day. To measure your blood oxygen level in real time, go to the Blood Oxygen monitor and let it measure. Note: Make sure your arms and wrists are still, and there is no space between your watch and the wrist.

**Cycle tracker**

You can manage your cycles better by predicting your cycle based on recorded data. Fill in the cycle length, duration and the date of your period and set. Note: This feature is available only for females.

**Clock**

You can add, delete, and enable/disable alarms on the watch. You can set today's current weather and for the next 6 days as well. Open the Weather app on your watch and change or update your weather.

**Weather**

ColorFit Pulse 2 Max supports 7-day weather viewing in a location of your choice as long as it is paired with the NoiseFit app. You can add, delete, and enable/disable alarms on the watch. You can set today's current weather and for the next 6 days as well. Open the Weather app on your watch and change or update your weather.

**Noise Buzz**

You can use this feature to manage calls from the watch. Make sure your watch is connected with your smartphone via Bluetooth. Go to NoiseFit app, choose to dial from the watch. You can add alarms in the NoiseFit app and they will sync with the watch. You can also label alarms to identify them.

**Device information and tips**

**How do I find my watch's current firmware version?**

If this equipment does cause harmful interference to radio or television reception, which may be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

**Regulatory and Safety Information**

**How do I log my weight?**

If this equipment does cause harmful interference to radio or television reception, which may be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

**Safety Instructions**

**How do I log my weight?**

If this equipment does cause harmful interference to radio or television reception, which may be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

**Customer Support**

If this equipment does cause harmful interference to radio or television reception, which may be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: